



Powerhouse Total Fitness-Waterford
2529 Elizabeth Lake Rd.
Waterford, MI. 48328
248 683-3353

State of Michigan employees and immediate family members: Show your employee ID and SAVE \$100 on paid in full year membership.

Regular price \$449... You pay only \$349!
Family members only \$299/year
(Other options are available)
Call Risa with questions or for information.

Equipment:

Upright & recumbent bikes, treadmills, Elliptical machines, stair steppers & stepmills, Icarian & Body-masters selectorized machine circuits, Hammer Strength & Strive equipment, Free weights, Heavy bag and Speed bag, Abdominal & stretching area

Tanning and personal trainers are available

Locker rooms with showers and dry sauna
Member lounge with TV, sofa and recliners
ProShop

Hours

Monday- Thursday : 5AM-11PM
Friday : 5Am-9PM
Saturday: 8AM-6PM
Sunday: 8AM-5PM

